# NEW BRUNSWICK Directory of Services for Victims of Abuse











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# Directory of Services for Victims of Abuse

This directory has been created by the Public Legal Education and Information Service of New Brunswick (PLEIS-NB) in collaboration with Crime Prevention and Policing Standards, Public Safety and the Women's Equality Branch, Executive Council Office. The purpose of this directory is to help victims of intimate partner violence find helpful services and programs in a crisis, and over the longer term.

The directory is available as an online resource only. We intend to update it regularly. This directory does not represent a full and complete list of services and programs. As well, programs and services may be added or eliminated over time. You should check with the services providers in your region to ask about other kinds of assistance that might be available for victims living in, or leaving, abusive relationships.

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### Published by:



**Public Legal Education** and Information Service of New Brunswick

P.O. Box 6000. Fredericton, NB E3B 5H1 Telephone: 506-453-5369 Email: pleisnb@web.ca www.legal-info-legale.nb.ca www.familylawnb.ca www.youthjusticenb.ca

#### *In collaboration with:*





www.gnb.ca/violence









# Table of Contents

Quickly access a section by clicking on its title.

| Intro                | duction   | i                   |
|----------------------|---|---------------------|
| a)<br>b)<br>c)<br>d) | Purpose of This Publication Who Should Use the Victim Services Directory How to Use the Victim Services Directory Suggestions from Service Providers for Improvements |                     |
| Police               | e and Helplines   | 1                   |
| a)<br>b)<br>c)       | RCMP<br>Municipal and Regional Police Forces<br>Helplines   | 1<br>3<br>4         |
| Medi                 | cal Services  | 5                   |
| a)<br>b)             | Hospitals<br>Health Centres   | 5<br>7              |
| Trans                | ition Houses & Domestic Violence Outreach Services  | 8                   |
| a)<br>b)<br>c)<br>d) | Transition Houses Second-Stage Housing Outreach Workers Sexual Assault Services   | 8<br>10<br>10<br>12 |
| Socia                | l Services  | 14                  |
| a)<br>b)             | Income Assistance<br>Housing  | 14<br>15            |
| Law I                | nformation and Legal Services   | 16                  |
| a)                   | Family Legal Aid  | 16                  |

| Goin  | g to Court  | 19       |
|-------|---|----------|
| a)    | Victim Services, Department of Public Safety                | 19       |
| b)    | Correctional Service of Canada, Regional Headquarters       | 19       |
| Over  | all Health and Well-Being                                   | 20       |
| a)    | General Counselling Services and Family Violence Prevention | 20       |
| b)    | Specialized Mental Health and Addictions Services           | 21       |
| c)    | Public Health   | 24       |
| d)    | Food and Clothing   | 26       |
|       | i) Salvation Army Thrift Stores                             | 26       |
|       | ii) Value Village Thrift Stores                             | 26       |
|       | iii) Food Banks   | 27       |
| e)    | iv) Volunteer Centres Parental Support Resources            | 28<br>29 |
| е)    | i) Family Resource Centres                                  | 29       |
|       | ii) Other Parental and Child Support Services               | 32       |
| Adult | : Literacy and Other Educational Services                   | 34       |
| a)    | Literacy Programs   | 34       |
| b)    | Other Educational Services                                  | 35       |
| Reso  | urces for Diverse Populations                               | 36       |
| a)    | Resources for Seniors                                       | 36       |
| b)    | Resources for Teens and Youth                               | 37       |
| c)    | Resources for LGBTQ   | 37       |
| d)    | Resources for Aboriginal Peoples                            | 38       |
| e)    | Resources for Newcomers to Canada                           | 39       |
| Webs  | ites and Resources  | 40       |











# **Purpose of This Publication**

This directory for victims of crime and intimate partner violence is to provide an overview and quick access to programs and services available in New Brunswick, such as counselling, housing and court preparation and support.

Surviving a crime is often a difficult and traumatic experience. This directory is intended to provide a helpful starting point for victims to access services they, and their children, need within their own communities. It is not intended to be an exhaustive list of all programs and services available for victims.

# Who Should Use the Directory of Services for Victims

If you have been a victim of intimate partner violence and require help, or if you have been a victim of crime, there may be a number of services and resources that can help to get you through this stressful time. These resources are available to victims and survivors, regardless of the timeline in their experience.

If you are looking for services to help your intimate partner end the abusive behaviour, check out the *Directory of Services For Abusive Partners*.

# How to Use the Directory of Services for Victims

This directory categorizes programs and services by several broad subjects. Beneath each subject, contact information for services or programs is listed by specific location in New Brunswick. It is not necessary, however, to use the service nearest you if you prefer not to for any reason.

# **Please Contact PLEIS-NB with Additions and Suggestions**

The Internet version of this directory will be updated on a regular basis. If you know of a service that would be useful to include in this directory, please contact us at PLEIS-NB:

Email: pleisnb@web.ca

Telephone: 506-453-5369











The police are trained to treat family violence seriously and in a non-judgmental way. They will also make sure victims or survivors of crime and their children are safe. Even if charges are not laid, police officers can refer you to services in the community that can help. If you require police assistance, and if it is not an emergency, find the contact information for the RCMP or a police force nearest you.

If you or anyone you know is in immediate danger,

# a) RCMP

The following is a list of the New Brunswick detachments. You can call for help or you can click **here** to fill in a contact form. This link also directs you to *Frequently Asked Questions* and other Provincial Contacts, should you require service in a province other than New Brunswick. For general inquiries, you can call: **1-888-506-RCMP (7267).** 

#### Bathurst

900 Vanier Blvd Bathurst, NB E2A 3N2 T: 506-548-7771

#### Blackville

243 Main St Blackville, NB E9B 2J1 T: 506-843-9400

# **Campbellton**

6A Arran St Campbellton, NB E3N 1K4 T: 506-789-6000

# Caraquet

50 Saint-Pierre Blvd W Caraquet, NB E1W 1B6 T: 506-726-5222

# **Codiac Regional RCMP**

520 Main St Moncton, NB E1C 8P2 T: 506-857-2400

#### Doaktown

368 Main St Doaktown, NB E9C 1E4 T: 506-365-4700

### **Elsipogtog First Nation**

206 Big Cove Rd Elsipogtog First Nation, NB E4W 2S4 T: 506-523-8282

# **Grand Bay-Westfield**

21 Chestnut Dr Grand Bay-Westfield, NB E5K 3E8 T: 506-757-1020

#### **Grand Falls**

812 E.H. Daigle Blvd Grand Falls, NB E3Z 3E8 T: 506-473-3137

#### **Grand Manan**

1269 Rte 776 Grand Manan, NB E5G 1G2 T: 506-662-1210

#### Hampton

530 Main St Hampton, NB E5N 6C3 T: 506-832-5566

### Lamèque

61 rue du Parc Lamèque, NB E8T 1J1 T: 506-344-2006

Continued on page 2











#### McAdam

32 Harvey Rd, Units 1 & 2 McAdam, NB E6J 1A8 T: 506-784-1205

#### Minto

280 Main St Minto, NB E4B 3R7 T: 506-327-1820

#### Nackawic

95 Otis Dr Nackawic, NB E6G 1G8 T: 506-575-6200

### Neguac

638 Principale St Neguac, NB E9G 1N3 T: 506-776-3000

#### Oromocto

4 Doyle Dr Oromocto, NB E2V 2V3 T: 506-357-4300

#### **Perth-Andover**

3 Uplands View Cres Perth-Andover, NB E7H 5C4 T: 506-273-5000

#### Richibucto

16 Park Dr Richibucto, NB E4W 5G9 T: 506-523-4611

#### Rivière-Verte

78 Principale St Rivière-Verte, NB E7C 2T8 T: 506-263-1050

#### Sackville

31 Main St Sackville, NB E4L 1G6 T: 506-364-5023

### **Saint-Quentin**

371 Canada St Saint-Quentin, NB E8A 1K4 T: 506-235-2149

#### Shediac

77 Ohio Rd Shediac, NB E4P 2J8 T: 506-533-5151

#### St. George

77 Mount Pleasant Rd St George, NB E5C 3K3 T: 506-755-1130

#### St. Stephen

16 Hawthorne St St Stephen, NB E3L 1W4 T: 506-466-7030

### **Sunny Corner**

30 Tozer Ln Sunny Corner, NB E9E 1S6 T: 506-836-6000

#### Sussex

43 Leonard Dr Sussex, NB E4E 2P8 T: 506-433-7700

#### **Tobique First Nation**

278A Main St Tobique First Nation, NB E7H 2Y8 T: 506-273-5003

#### Tracadie-Sheila

PO Box 3120 485 rue du Moulin Main Stn Tracadie-Sheila, NB E1X 1G5 T: 506-393-3000

#### Woodstock

410 Connell St Woodstock, NB E7M 5G9 T: 506-325-3000











# b) Municipal and Regional Police Forces

#### **Bathurst Police Force**

Roussell / O'Neil Complex 285 King Ave Bathurst, NB E2A 1N9 T: 506-548-0420 F: 506-548-0707 city.police@bathurst.ca www.bathurst.ca

#### Beresford, Nigadoo, Petit-Rocher & Pointe-Verte

(BNPP Regional Police Force) 398 Principale St Nigadoo, NB E8K 3M8 T: 506-542-2666 F: 506-542-2629 bnpp@nb.aibn.com www.bnpppolice.ca

#### **Edmundston Police Force**

15 Church St, Ste 101 Edmundston, NB E3V 1J3 T: 506-739-2100 F: 506-737-6879 police@edmundston.ca

#### **Fredericton Police Force**

311 Oueen St

Fredericton, NB E3B 1B1 T: 506-460-2300 F: 506-460-2316 www.fredericton.ca/en/publicsafety/ policeforce.asp

#### **Grand Falls Police Force**

131 Pleasant St, Ste 100 Grand Falls, NB E3Z 1G6 T: 506-475-7767 www.grandfalls.com

#### Miramichi Police Force

Beaverbrook Centre
1820 Water St
Miramichi, NB E1N 1B7
Note: Please address all correspondence to the Chief of Police.
T: 506-623-2125
F: 506-623-2122
To email the Chief of Police, please follow this link.

### **Kennebecasis Regional Police Force**

126 Millennium Drive Quispamsis NB E2E 6E6 T: 506-847-6300 www.kennebecasisregionalpolice.com

#### **Saint John Police Force**

1 Peel Plaza
Saint John, NB E2L 0E1
T: 506-648-3333
police@saintjohn.ca
www.saintjohn.ca/en/home/cityhall/
publicsafety/police/default.aspx

#### **Woodstock Police Force**

822 Main Street
Woodstock, NB E7M 2E8
T: 506-325-4601
wpfchief@nbpolice.ca
town.woodstock.nb.ca/police\_
department.htm











# c) Helplines

These phone lines provide anonymous counselling services and helpful information to someone who is in crisis, or for individuals who just need to talk to someone.

#### **AIDS NB Information Line**

1-800-561-4009

Trained volunteers provide callers with information about AIDS symptoms, transmission and testing. Information about prevention and assistance in accessing other community resources is also available.

www.aidsnb.com

### **Birthright NB**

1-800-550-4900

Offers support services to pregnant teens, including free confidential counselling for youth and their families, anonymous pregnancy testing, and non-judgmental support throughout pregnancy and following the birth.

www.birthright.org

### **Chimo HelpLine**

**1-800-667-5005**, OR **450-HELP (4357)** (Fredericton Area)

Chimo HelpLine is available 24 hours a day, 7 days a week, at any point during the year, to all New Brunswickers. All calls are completely confidential and anonymous. Trained professionals are committed to help deal with any issue, including, but not limited to: thoughts of suicide, emotional stress, accommodations, loneliness, divorce/separation, and general information.

#### **Child Protection**

After Hours Emergency **1-800-442-9799**; Toll Free **1-888-99-ABUSE (22873)** 

Services are offered for children under 16 or mentally or physically challenged youth under 19 who are being abused. The abuse may be physical, sexual or emotional. Social workers determine what services are appropriate to assist the victim and the family.

### Fredericton Sexual Assault Crisis Centre

24-hour crisis line: **506-454-0437** 

Anyone who has experienced sexual violence can call the crisis line for referrals and information. There is also confidential counselling for women and girls in crisis.

# **Pregnancy Resource Centre of Moncton**

Help Line: 506-857-3033

If you are pregnant or think you might be pregnant, the Pregnancy Resource Centre of Moncton (PRCM) has a 24-hour hotline that offers free and confidential advice.

#### Telecare: 8-1-1

**Tele-Care** is a free, confidential, health advice and information line. Dial **811** for access to bilingual, registered nurses, 24 hours a day, seven days a week. In an emergency, **call 911** or visit the local emergency department.













Find a hospital near you if you require immediate medical care.

# a) Hospitals

Women who experience intimate partner violence may require ongoing medical care or emergency services for conditions such as acute injuries.

### **Chaleur Regional Hospital**

1750 Sunset Dr Bathurst, NB E2A 4L7 T: 506-544-3000 F: 506-544-2440 Online **here** 

# **Campbellton Regional Hospital**

189 Lily Lake Rd Campbellton, NB E3N 3H3 T: 506-789-5000 F: 506-789-5025 Online **here** 

## **Charlotte County Hospital**

4 Garden St St Stephen, NB E3L 2L9 T: 506-465-4444 F: 506-465-4418 Online here

# Dr. Everett Chalmers Regional Hospital

700 Priestman St PO Box 9000 Fredericton, NB E3B 5N5 T: 506-452-5400 F: Health Records: 506-452-5233 Administration: 506-452-5670 Online here

### Dr. Georges L. Dumont Hospital

330 Université Ave Moncton, NB E1C 2Z3 T: 506-862-4000 Online **here** 

### **Edmundston Regional Hospital**

275 Hébert Blvd Edmundston, NB E3V 4E4 T: 506-739-2200 F: 506-739-2231 Online here

Continued on page 6











# **Grand Falls General Hospital**

625 Everard H. Daigel Blvd Grand Falls, NB E3Z 1G5 T: 506-473-7555 F: 506-473-7530 Online here

### **Grand Manan Hospital**

196 Rte 776 Grand Manan, NB E5G 1A3 T: 506-662-4060 Online **here** 

### Hospital de L'Enfant-Jésus

1 St-Pierre Blvd West Caraquet, NB E1W 1B6 T: 506-726-2166 F: 506-726-2188 foundation.caraquet@vitalitenb.ca Online here

#### Hotel Dieu of St. Joseph 10 Woodland Hill

Perth-Andover, NB E7H 5H5 T: 506-273-7100 F: 506-273-7116 Online here

#### Lamèque Hospital

29 De l'Hôpital St Lamèque NB E8T 1C5 T: 506-344-2261 F: 506-344-3403 Online here

# Miramichi Regional Hospital

500 Water St Miramichi, NB E1V 3G5 T: 506-623-3000 F: 506-623-3465 Online here

### **The Moncton Hospital**

135 MacBeath Ave Moncton, NB E1C 6Z8 T: 506-857-5111 F: 506-857-5545 Online here

### **Sackville Memorial Hospital**

8 Main St Sackville, NB E4L 4A3 T: 506-364-4100 F: 506-536-1983 Online here

### **Saint John Regional Hospital**

400 University Ave Saint John, NB E2L 4L2 T: 506-648-6000 Online here

# Saint Joseph's Hospital

130 Bayard Dr Saint John, NB E2L 3L6 T: 506-632-5555 F: 506-632-5551 Online here

# **Stella-Maris-de-Kent Hospital**

7714 Rte 134
Sainte-Anne-de-Kent, NB E4S 1H5
T: 506-743-7800
F: 506-743-7813
Online here

#### **Upper River Valley Hospital**

11300 Rte 130 Waterville, NB E7P 0A4 T: 506-375-5900 Online **here** 











# b) Health Centres

Health centres are local facilities that deliver primary health care services, such as those provided in a walk-in clinic, and also sometimes provide addiction and mental health services, and chronic disease management.

#### **Baie Ste. Anne Health Center**

13 Church St

Baie Ste Anne, NB E9A 1A9

T: 506-228-2004 F: 506-228-2008

#### **Blackville Health Centre**

2 Shafer Ln

Blackville, NB E9B 1P4

T: 506-843-2910

F: 506-843-2911

#### **Campobello Health Centre**

640 Rte 774, Unit 1

Welshpool, NB E5E 1A5

T: 506-752-4100 F: 506-752-4101

#### **Chaleur Health Centre**

382 Principale St

Pointe-Verte, NB E8J 2S5

T: 506-542-2434 F: 506-783-8623

### **Chipman Health Centre**

9 Civic Crt

Chipman, NB E4A 2H8

T: 506-339-7650 F: 506-339-7652

#### **Deer Island Health Centre**

999 Rte 772

Fairhaven, NB E5V 1P2

T: 506-747-4150 F: 506-747-4151

### **Harvey Health Centre**

2019 Rte 3

Harvey Station, NB E6K 3E9

T: 506-366-6400 F: 506-366-6403

#### **Jacquet River Health Centre**

41 Mack St

Belledune, NB E8G 2R3

T: 506-237-3222 F: 506-237-3224

### **Neguac Health Centre**

38 Otho St

Neguac, NB E9G 4H3 T: 506-776-3876 F: 506-776-3877

### **Paquetville Health Centre**

1096 Park St

Paquetville, NB E8R 1J4

T: 506-764-2424 F: 506-764-2425

### **Rogersville Health Center**

9 Des Ormes St

Rogersville, NB E4Y 1S6

T: 506-775-2030 F: 506-775-2025

#### **Stanley Health Centre**

69 Limekiln Rd Stanley, NB E6B 1E9 T: 506-367-7730 F: 506-368-7738

#### **Sussex Health Centre**

75 Leonard Dr Sussex, NB E4E 2P7 T: 506-432-3100 F: 506-432-3106











# Transition Houses, Domestic Violence Services, and Other Services

# a) Transition Houses

Any woman who has been a victim of intimate partner violence, or who is taking her children away from an abusive situation, is eligible for short-term shelter (usually up to 30 days) in a transition house. Various support services are also offered, such as counselling.

These facilities are confidential. Anyone who calls the facility will not be given information regarding clients' whereabouts, and street addresses of these facilities are generally not publicized.

#### L'Accueil Sainte-Famille Inc.

PO Box 3685, Stn Main Tracadie-Sheila, NB E1X 1G5 T: 506-395-1500

T: 506-395-6233 (For women who need services but do not need a place to stay)

F: 506-395-6677 *marti.h@mail.com* 

www.accueilstefamille.com

#### **Crossroads for Women**

PO Box 1247

Moncton, NB E1C 8P9

T: 506-853-0811 (Crisis Line)

T: 506-857-8028 F: 506-853-4159

www.crossroadsforwomen.ca

#### L'Escale Madavic

PO Box 411 Edmundston, NB E3V 3L1 T: 506-739-6265 F: 506-735-5382

emadavic6265@rogers.com
www.escalemadavic.com

### **Fundy Region Transition House**

PO Box 73

St Stephen, NB E3L 2W9

T: 506-466-4485 (Crisis Line)

T: 506-466-4590 F: 506-466-4487

 $frth@nb.aibn.com \ {\tt OR} \ deanie@nb.aibn.com$ 

www.fundyregiontransitionhouse.com

# **Gignoo Transition House**

Provides programs and services to women and children from First Nations communities.

PO Box 3385 Stn B

Fredericton, NB E3A 5H2

T: 1-800-565-6878 (Crisis Line)

T: 506-458-1236

F: 506-459-2547

Send an email online at:

www.gignoohouse.ca

#### Hestia House Inc.

PO Box 7135, Stn A Saint John, NB E2L 4S5

T: 506-634-7570 (Crisis Line)

T: 506-634-7571

T: 506-632-5616 (Outreach Services)

www.hestiahouse.ca

Continued on page 9











#### **Maison Notre Dame**

PO Box 158 Campbellton, NB E3N 3G4 T: 506-753-4703 F: 506-789-3718 maisonnotredame@nb.aibn.com

#### Miramichi Emergency Centre for Women

PO Box 249
Miramichi, NB E1V 3M3
T: 506-622-8865 OR 1-888-836-1016
F: 506-627-1207
On Facebook at:
MiramichiEmergencycentre4women

#### **Passage House**

PO Box 1284 Bathurst, NB E2A 4J1 T: 506-546-9540 passagehouse@nb.aibn.com

# **Serenity House**

PO Box 511 Saint-Anne-de-Kent, NB E4S 5G2 T: 743-1530

#### **Sussex Vale Transition House**

PO Box 4862 Sussex, NB E4E 5L9 T: 506-432-6999 (Crisis Line) T: 506-433-1649 F: 506-432-6648

www.sussexvaletransitionhouse.com

#### **Women in Transition House**

PO Box 1143
Fredericton, NB E3B 5C2
T: 506-459-2300 (Crisis Line)
T: 506-457-2770
F: 506-458-8896
transhouse@nb.aibn.com

### **Woodstock Sanctuary House**

PO Box 4294
Woodstock, NB E7M 6B7
T: 506-325-9452
F: 506-328-9321
sanctuary@nb.aibn.com OR
KOHSCC@gmail.com

There's help for abused women day or night across Canada – www.sheltersafe.ca











# b) Second-Stage Housing

These facilities provide safe housing for women who are ready to make plans for the future. As victims of intimate partner violence transition from temporary shelters and a phase of initial crisis, these facilities provide individual and group support, along with a stable environment, which allows victims to take actions toward a stable life without violence.

#### **Coverdale Centre for Women Inc.**

148 Coverdale St Saint John, NB E2L 3R1

T: 506-634-1445

T: 506-634-0840 (Executive Director)

F: 506-634-1647

www.coverdalecenterforwomen.com

#### **Crossroads for Women**

PO Box 1247

Moncton, NB E1C 8P9

T:506-857-8028

F: 506-853-4159

www.crossroadsforwomen.ca

# Kent Centre for the Prevention of Violence (Oasis House)

7714 Route 134

Ste-Anne-de-Kent, NB E4S 1H5

T: 506-743-5449 F: 506-743-6673

centre@preventionviolencekent.com

www.preventionviolencekent.com/

index.php?id=110

### **Liberty Lane Inc**

PO Box 1441 Stn A Fredericton, NB E3B 5G2

T: 506-451-2120

F: 506-450-9877

Ilf.fiona@bellaliant.com
www.libertylane.ca

#### **Residence of Hope**

432 Rue Main

Shediac NB E4P2G5

T: 506-533-9100

### **Second Stage Housing Inc**

PO Box 27122

Saint John, NB E2M 5S8

T: 506-632-9289 F: 506-672-8619

refuge@nb.aibn.com

# c) Domestic Violence Outreach Services

Domestic Violence outreach workers ensure women living in or leaving abusive relationships have access to someone who can respond to their crisis and support them. There are 14 domestic violence outreach workers offices across the province. They provide both emotional and practical support, and offer encouragement and referrals to other appropriate services.

#### **Outreach Offices:**

| Acadian Penisula        |            | 395-6233 |
|-------------------------|------------|----------|
| <b>Chaleur Region</b>   |            | 545-8952 |
| <b>Charlotte County</b> | 1          | 469-5544 |
| Edmundston              |            | 263-0888 |
| Fredericton & Gre       | eater Area | 458-9774 |
| Kennebecasis Va         | lley       | 847-6277 |
| Kent County             |            | 743-5449 |
| Miramichi               |            | 778-6496 |
| Moncton                 |            | 855-7222 |
| Restigouche Cou         | nty        | 790-1178 |
| Saint John              | 632-5616 / | 649-2580 |
| Shediac                 |            | 533-9100 |
| Sussex                  |            | 433-6579 |
| Woodstock               |            | 328-9680 |











### **Other Services**

#### Beauséjour Family Crisis Resource Centre

The Centre works in partnership to eliminate violence in all its forms.

32 Main St Shediac, NB E4P 2G5 T: 506-533-9100 F: 506-533-9348 crcfb@nbnet.nb.ca

www.criseshediacrisis.org/fr/

# **Chrysalis House – Youth in Transition**

Chrysalis House provides long-term shelter for young women ages 16 - 19, up until the woman's 19th birthday when other accommodations are sought.

Fredericton: T: 506-451-4767 www.yitfredericton.ca/

#### **Coverdale Centre for Women Inc.**

Staff work with the community to create a safe environment with empowering opportunities for women of all ages.

opportunities for women of all ages.

10 Culloden Crt
Saint John, NB E2L 3R1
T: 506-634-0812 (Emergency Shelter)
T: 506-634-0840 (Executive Director)
F: 506-634-1647
mary@coverdalecentreforwomen.ca
www.coverdalecenterforwomen.com

#### **Grace House**

A homeless shelter for women. 273 Charlotte St Fredericton, NB E3B 1G8 506-450-3001











# d) Sexual Assault Services

### Fredericton Sexual Assault Crisis Centre (FSACC)

The Fredericton Sexual Assault Crisis Centre (FSACC) is a community organization committed to ending sexual violence through public education and providing direct services to those affected by sexual violence. Direct services include a 24 Hour Crisis Line, accompaniment to hospital and/or police station after a sexual assault, a Sexual Assault Counselling Program, and many other prevention and awareness programs.

T: 506-454-0437 (Crisis Line)

T: 506-454-0460 www.fsacc.ca/ On Facebook here

# Sexual Assault Response Teams (SART)

There are Sexual Assault Response Teams (SART) in Saint John and Fredericton. They are made up of a group of volunteers and professionals from health care, counselling, public safety, and community support agencies. They work together to provide victims with prompt and coordinated support.

# **Greater Saint John Sexual Assault Response Team**

T: 506-632-5758

More information found here











# **Sexual Health Clinics**

#### **Fredericton**

300 St Mary's St, Ste 1300 Fredericton, NB E3B 5H1 T: 506-453-5200 F: 506-444-5108

#### Harvey

c/o Harvey Health Centre 2019, Courte 3 Harvey Station, NB E6K 3E9 T: 506-453-5200

#### Minto

c/o Queens North Community Health Centre 1100 Pleasant Dr Minto, NB E4B 3Y6 T: 506-453-5200 F: 506-444-5108

#### Miramichi

1780 Water St, 3rd Floor Miramichi, NB E1N 1B6 T: 506-778-6107 F: 506-773-6611

#### Perth

35 F Tribe Dr Perth-Andover, NB E7H 0A8 T: 506-325-4630 F: 506-325-4724

#### Saint John

28 Richmond St Saint John, NB E2L 3B2 T: 506-658-3998 F: 506-643-2939

#### St Stephen

41 King St St Stephen, NB E4E 2P7 T: 506-432-2691 F: 506-432-4524

#### Sussex

75 Leonard Dr, 2nd Fl Sussex, NB E4E 2P7 T: 506-432-2691 F: 506-432-4524

#### Woodstock

200 King St, Ste 145 Woodstock, NB E7M 5C6 T: 1-888-829-6444 F: 506-325-4724











### a) Income Assistance

Temporary financial assistance is available to unemployed individuals. To speak with someone about obtaining such financial assistance, contact one of the following.

# Social Assistance Program – Regional Offices

#### **Acadian Peninsula**

3514 Principale St Tracadie-Sheila, NB E1X 1C9

#### **Hours of Operation:**

Mon to Fri 8:30AM - 4:30PM T: 1-866-441-4149

F: 506-726-2076

#### Chaleur

Harbourview PI, Floor: 2 275 Main St, Suite 200 Bathurst, NB E2A 1A9

### **Hours of Operation:**

Mon to Fri 8:15AM - 4:30PM

T: 1-866-441-4341 F: 506-547-2744

#### **Edmundston**

Carrefour Assomption 121 de l'Église St Edmundston, NB E3V 3J9

#### **Hours of Operation:**

Mon to Fri 8:30AM - 4:30PM T: 1-866-441-4249 F: 506-735-2217

#### **Fredericton**

460 Two Nations Crossing Fredericton, NB E3A 0X9

#### **Hours of Operation:**

Mon to Fri 8:30AM - 4:30PM T: 1-866-444-8838 F: 506-444-5158

#### Miramichi

152 Pleasant St Miramichi, NB E1V 1Y1

#### **Hours of Operation:**

Mon to Fri 8:30AM - 4:30PM T: 1-866-441-4246 F: 506-622-0555

#### Moncton

770 Main St Moncton, NB E1C 8R3

### **Hours of Operation:**

Mon to Fri 8:30AM - 4:30PM T: 1-866-426-5191 F: 506-533-3340

### Restigouche

175 Water St Campbellton, NB E3N 3H5

#### **Hours of Operation:**

Mon to Fri 8:30AM - 4:30PM T: 1-866-441-4245 F: 506-789-7330

#### Saint John

1 Agar Pl Saint John, NB E2L 5A3

### **Hours of Operation:**

Mon to Fri 8:30AM - 4:30PM T: 1-866-441-4340 F: 506-658-3034



www.gnb.ca/socialdevelopment











# b) Housing

**Subsidized Housing** is available to individuals who have difficulty finding housing in the private sector due to low income. To speak with someone about obtaining such housing (or social assistance),

contact one of the Social Development Offices listed above under "Income Assistance". These Social Development Offices offer both of these services.

### **Habitat for Humanity**

Habitat for Humanity mobilizes volunteers and community partners in order to build affordable housing for everyone and break the cycle of poverty.

Fredericton
PO Box 643, Stn A
Fredericton, NB E3B 5A6
T: 506-474-1520
mike@habitatfredericton.com
habitatfredericton.com

Moncton Area 175 Barker St Moncton, NB E1C 9T8 T: 506-384-4663 hfhma@nb.aibn.com www.habitatmoncton.com/home/ Saint John 727 Rothesay Ave Saint John, NB E2H 2H6 T: 506-635-5977 info@habitatsaintjohn.com www.habitatsaintjohn.ca

### **Housing Alternatives Inc.**

Housing Alternatives Inc. is a non-profit organization that provides development and management services to Housing Co-operatives and Non Profit Housing Organizations in South Western New Brunswick. There are often units available at minimal cost.

Saint John, NB E2K 1W4
T: 506-632-9393
F: 506-632-1785
housingalt@nb.aibn.com
www.housingalternatives.ca

75 Adelaide St

# Saint John Non Profit Housing Inc.

This service provides housing options for low and moderate income seniors, families and special groups. The service develops, operates and maintains affordable housing units, sometimes in partnership with others in order to address housing needs in Saint John.

Rotary Admiral Beatty Complex 14 King Sq S Saint John, NB E2L 1E5 T: 506-658-1925 F: 506-649-6079 sjnph@nb.aibn.com











# Legal Services and Law Information

# a) Family Legal Aid

The New Brunswick Legal Aid Services Commission was created to oversee the development and delivery services of criminal defence services and family legal services.

Family Legal Aid helps individuals deal with family law matters and gives priority to cases that are urgent or can directly benefit children.

### **Family Legal Aid Offices:**

| Bathurst        | 546-5010 |
|-----------------|----------|
| Campbellton     | 753-6453 |
| Edmundston      | 735-4213 |
| Fredericton     | 444-2777 |
| Miramichi       | 622-1061 |
| Moncton         | 853-7300 |
| Saint John      | 633-6030 |
| Tracadie-Sheila | 395-1507 |
| Woodstock       | 328-8127 |

To read more about the service, you can view the Legal Aid booklet online **here** or access the Legal Aid Services Commission's website **here**.

# b) Family Support Orders Service (FSOS)

The **Family Support Orders Service (FSOS)** is a provincial service that helps parents establish a dependable flow of child support payments by monitoring and enforcing child support orders.

| Bathurst PO Box 5001, Bathurst, NB E1A 3Z9 T: 506-547-2408 F: 506-547-2966       | Miramichi<br>PO Box 104, Miramichi, NB E1V 3M2<br>T: 506-627-4069              |
|--|--|
| Campbellton PO Box 5001, Campbellton, NB E3N 3H5 T: 506-789-2364 F: 506-789-2062 | Moncton PO Box 5001, Moncton, NB E1C 8R3 T: 506-856-2305 F: 506-869-6168       |
| Edmundston PO Box 5001, Edmundston, NB E3V 3L3 T: 506-625-2028 F: 506-737-4419   | Saint John PO Box 5001, Saint John, NB E2L 4Y9 T: 506-658-2400 F: 506-658-3762 |
| Fredericton PO Box 6000, Fredericton, NB E3B 5H1 T: 506-453-4286 F: 506-444-5778 | Woodstock PO Box 5001, Woodstock, NB E7M 5C6 T: 506-325-4414 F: 506-325-4484   |

# FSOS 24 hour Toll-Free Infoline: 1-888-488-FSOS (3767).

Fredericton clients can call 444-FSOS (3767).

This line is available 7 days a week. You should have your FSOS Case Number and PIN number when you call.

For more information, you can view a pamphlet on the FSOS **here**.











### c) Law Information

Various legal help is available for individuals.

# Toll-Free Family Law Information Line: 1-888-236-2444

A toll-free line operated by Public Legal Education and Information Service of NB (PLEIS-NB). Operator can provide general information on family law matters and explain family law forms and court procedures. Operates Monday to Friday 8:30am-4:30pm.

### Family Advice Lawyers: 1-855-266-0266

A province wide service of the Department of Justice in collaboration with the NB Legal Aid Services Commission (NBLASC). Lawyers provide free general legal information for up to two hours on family law matters. They can explain what to expect from the court process and help you understand court forms.

To book an appointment, call toll free: 1-855-266-0266.

### Family Law NB Website: www.familylawnb.ca

This website promotes access to the family justice system. Includes family law publications, videos, self-help guides and annotated fillable family law forms. Created by PLEIS-NB.

# Public Legal Education and Information Service of New Brunswick

PLEIS-NB is a non-profit organization and a registered charity whose mandate is to develop bilingual educational products and services about the law for the general public in order to promote access to the legal system. Their goal is to assist the public in identifying and understanding their legal rights and responsibilities, and attaining self-help skills where appropriate, to improve their ability to deal with legal issues.

PO Box 6000 Fredericton, NB E3B 5H1 T: 506-453-5369 F: 506-462-5193 pleisnb@web.ca www.legal-info-legale.nb.ca/en/

# Family Law Information Centre (FLIC) – Saint John Law Courts

This service in the judicial district of Saint John is an initiative of the Department of Justice. The FLIC offers information and resources to the general public about various family law issues, referrals to other services and appointments for family mediation or to see the family advice lawyer or the triage family advice lawyer.

To book an appointment, call **506-658-2261**.

#### Visit the FLIC:

Located at the Saint John Law Courts, 10 Peel Plaza, Level 2 Floor. Hours of Operation: Mon to Fri 8:30am - 4:30pm

# Family Law Workshops: Navigating the Family Law Justice System

If you have decided to use self-help options for some, or all, of your family law matters, such as an uncontested divorce or a child support variation, you should consider taking a workshop. The topics of each workshop are: Changing a Child Support Order; Doing your Own Divorce; Preparing for a "Family Court Hearing"; and Separation: Legal Considerations.

Workshops are offered in the following locations:

| Bathurst    | Oromocto        |
|-------------|-----------------|
| Campbellton | St. Stephen     |
| Edmundston  | Sussex          |
| Fredericton | Saint John      |
| Grand Falls | Tracadie-Sheila |
| Miramichi   | Woodstock       |
| Moncton     | As needed       |

For more on these workshops, you can read an information pamphlet online **here** or call **1-888-236-2444**.











# **Crown Prosecutor's Offices**

If you are involved with a criminal case against your spouse, you may need to contact the Crown Prosecutor in your area.

#### **Bathurst**

Bathurst Courthouse Room 217, 2nd Fl 254 St Patrick St Bathurst, NB E2A 3Z9 T: 506-547-2160 F: 506-547-2141

## Campbellton

City Centre Mall Rm 801, PO Box 5001 Campbellton, NB E3N 3H5 T: 506-789-2308 F: 506-789-4932

# Caraquet

Caraquet Law Courts
PO Box 5559
Caraquet, NB EIW 1B7
T: 506-726-2794
F: 506-726-2870

#### **Edmundston**

Carrefour Assomption121 l'Église St Edmundston, NB E3V 3J9 T: 506-735-2027 F: 506-735-2064

#### **Fredericton**

Justice Building Rm 313, PO Box 6000 Fredericton, NB E3B 5H1 T: 506-453-2819 F: 506-457-4812

#### **Grand Falls**

Grand Falls Provincial Building 430 Broadway Blvd Grand Falls, NB E3Z 2K6 T: 506-473-7702 F: 506-473-7703

### Miramichi

Miramichi Law Courts 673 King George Hwy Miramichi, NB EIV 1N6 T: 506-627-4015 F: 506-627-4535

#### Moncton

Moncton Law Court 145 Assomption Blvd Moncton, NB E1C 0R2 T: 506-856-2310 F: 506-856-2625

#### Oromocto/Burton

Burton Courthouse 23 Route 102 Burton, NB E2V 2Y6 T: 506-357-4033 F: 506-357-4136

#### Saint John

Saint John Law Courts FI 4, PO Box 5001 Saint John, NB E2L 4Y9 T: 506-658-2580 F: 506-658-3061

### St. Stephen

St Stephen Regional Centre 41 King St St Stephen, NB E3L 2C1 T: 506-466-7397 F: 506-466-7602

#### Tracadie-Sheila

PO Box 3587, Stn Main Tracadie-Sheila, NB E1X 1G5 T: 506-394-3727 F: 506-394-3725

#### Woodstock

Woodstock Court House 689 Main St Woodstock, NB E7M 2E2 T: 506-325-4416 F: 506-325-4447













# a) Victim Services,Department of Public Safety

The Department of Public Safety, *Victim Services Program* may assist you as your case proceeds through the criminal justice process. For information on the criminal justice system, court processes, referrals for counselling to assist in dealing with the trauma of being victimized, court preparation and support, assistance in preparing a *Victim Impact Statement* (if the accused is convicted), information on sentencing, and more, contact the regional office nearest you.

To access victim service publications and further resources, **click here**.

# **Victim Services Program**

Argyle Place 364 Argyle St Fredericton, NB E3B 1T9

T: 506-453-3992

The Victims Services Program has 12 offices across the province:

| 5 .1                    |          |
|-------------------------|----------|
| Bathurst                | 547-2924 |
| Burton                  | 357-4035 |
| Campbellton             | 789-2388 |
| Edmundston              | 735-2543 |
| Elsipogtog First Nation | 523-4747 |
| Fredericton             | 453-2768 |
| Grand Falls             | 473-7706 |
| Moncton                 | 856-2875 |
| Miramichi               | 627-4065 |
| Richibucto              | 523-7150 |
| Saint John              | 658-3742 |
| Shediac                 | 533-9100 |
| Shippigan               | 726-2417 |
| St Stephen              | 466-7414 |
| Tracadie-Sheila         | 394-3690 |
| Woodstock               | 325-4422 |

# b) Correctional Service of Canada, Regional Headquarters (Atlantic)

The Correctional Service of Canada offers a service called the Restorative Opportunities Program, which provides an opportunity for victims to communicate with the offender that caused the harm (either indirectly or directly). It is voluntary at all stages of the process and includes highly-trained mediators. Click **here** for more information on the program.

1045 Main St, 2nd Floor Moncton, NB E1C 1H1 T: 506-851-6313

F: 506-851-6316











# a) General Counselling Services and Family Violence Prevention

Many agencies provide counselling services to individuals in times of crisis. Some agencies provide specialized information and counselling to victims of family violence, as well as preventative strategies and rehabilitation.

#### Centre de Bénévolat de la Péninsule Acadienne

220 St Pierre Blvd W, Suite 100 Caraquet, NB E1W 1B1 T: 506-727-1860 F: 506-727-1862

# Family Enrichment and Counselling Services Inc.

356 Queen St Fredericton, NB E3B 1C2 T: 506-458-8211 F: 506-451-9437 fsf@nbnet.nb.ca

# **Family Plus Life Solutions**

Saint John, NB E2K 4S9 T: 506-634-8295 F: 506-652-1477 info@familyplus.ca www.familyplus.ca

199 Chesley Dr, Ste 204

# **Gentle Path Counselling Services Ltd.**

20 Alma St Saint John, NB E2L 5G6 T: 506-652-7284 F: 506-672-1783 path@nbnet.nb.ca

#### **Restigouche Family Services**

1130 Roseberry St, Ste 302 Campbellton, NB E3N 2G6 T: 506-753-4161 F: 506-753-7773 Sfr-rfs@nb.aibn.com

### Kent Centre for the Prevention of Violence

7714 Rte 134
Ste-Anne-de-Kent, NB E4S 1H5
T: 506-743-5449
F: 506-743-6673
centre@preventionviolencekent.com
www.preventionviolencekent.com/

### **Nepisiguit Family Services Inc.**

216 Main St, Suite 309
Bathurst, NB E2A1A8
T: 506-546-3305
F: 506-548-4170
famille@nb.aibn.com
Online here

#### Sage

70 King St Moncton, NB E1C 4M6 T: 1-506-857-3258 or 1-800-390-3258F: 506-857-2012 info@SAGEinc.ca www.sageforyou.com/

#### **Virage-Turning Point**

235 Main St, Unit 309 Bathurst, NB E2A 1A8 T: 506-546-1215 F: 506-458-4170 famille@nbnet.nb.ca











# b) Specialized Mental Health and Addictions Services

If you, or someone you know, needs help dealing with a mental health or addiction issue, various facilities offer specialized treatment and counselling, as well as general programming that help to foster overall good mental health and continued recovery.

#### **Addiction Services**

#### **Bathurst**

350 St. George St Bathurst NB E2A 1B9 T: 506-547-2086

#### **Campbellton**

53 Gallant Dr Campbellton NB E3N 3H4 T: 506-789-7055

#### **Edmundston**

345 Hébert Blvd Edmundston NB E3V 0E7 T: 506-735-2092

#### **Moncton**

125 Mapleton Rd

Moncton, NB E1C 1B3 T: 506- 856-2333 F: 506-856-2796 Addiction In-patient: 24/7 Methadone Clinic: Mon to Fri 8:00AM – 4:00PM

#### Saint John

416 Bay St, South Bay Saint John, NB E2M 7L4 T: 506-674-4300 F: 506-674-4374 Inpatient Detox: 24/7

# Other programs:

8:30AM - 4:40PM

#### Tracadie-Sheila

400 Des Hospitalières St PO Box 3180 Tracadie-Sheila NB E1X 1G5 T: 506-394-3615

# Wolastoqewiyik Healing Lodge

13309 Route 105 Tobique First Nation, NB E7H 5K1 T: 506-273-5403

#### **Addiction and Mental Health Services**

At these agencies, a complete range of addiction and mental health services including a range of inpatient, outpatient, and community services are offered (as opposed to strictly addiction services). Programs generally offer assessment, crisis intervention, children and youth, adult, seniors and community care.

#### Fredericton

65 Brunswick St Fredericton, NB E3B 1G5 T: 506-453-2132 F: 506-453-8766

# **Hours of Operation:**

Mon to Fri 8:15AM - 4:30PM

# **Alcoholics Anonymous (AA)**

New Brunswick is located in Area 81.

Click **here** to locate a meeting near you, or email AA at *info@* area81aa.ca

#### Miramichi

1780 Water St Miramichi, NB E1N 1B6 T: 506-778-6111

# Hours of Operation:

Mon to Fri 8:30AM - 4:30PM

# Canada Atlantic Region of Narcotics Anonymous

New Brunswick belongs to the Canada Atlantic Region of Narcotics Anonymous (CARNA).

Find a meeting anywhere in Canada by calling 1-855-562-2262 or click here to download an Atlantic Canada meeting list for your area.











# **Community Mental Health Centres**

Community Mental Health Centres deliver acute services, such as screening, assessment, 24-hour crisis intervention, short-term therapy, prevention, consultation and service delivery coordination, as well as services specific for children, and long-term mental care for adults.

#### **Bathurst CMHC**

165 St Andrews St Bathurst, NB E2A 1C1 T: 506-547-2038 F: 506-547-2978

### **Campbellton CMHC**

6 Arran St Campbellton, NB E3N 1K4 T: 506-789-2440 F: 506-753-6969

### **Caraquet CMHC**

295 St Pierre Blvd W Caraquet, NB E1W 1B7 T: 506-726-2030 F: 506-726-2090

#### **Edmundston CMHC**

121 Church St,

3rd Floor, Ste 331 Edmundston, NB E3V 1J9 T: 506-735-2070 F: 506-737-4448

#### **Fredericton CMHC**

Victoria Health Centre 65 Brunswick St Fredericton, NB E3B 5G6 T: 506-453-2132 F: 506-453-8766

#### **Grand Falls**

131 Pleasant St, 2nd Floor Grand Falls, NB E3Z 1G1 T: 506-475-2440 F: 506-475-2452

#### **Moncton CMHC**

81 Albert St PO Box 5001 Moncton, NB E1C 8R3 T: 506-856-2444 F: 506-856-2995

### **Richibucto CMHC**

Cartier Pl PO Box 5001 Richibucto, NB E4W 5R5 T: 506-523-7620 F: 506-523-7678

#### Saint John CMHC

Mercantile Centre 55 Union St, 3rd Floor Saint John, NB E2L 5B7 T: 506-658-3737 F: 506-658-3739

### St. Stephen CMHC

41 King St St Stephen, NB E3L 2C1 T: 506-466-7380 F: 506-466-7501

#### **Sussex CMHC**

30 Moffett Ave Sussex, NB E4E 1E8 T: 506-432-2090 F: 506-432-2046

#### **Woodstock CMHC**

200 King St PO Box 5001 Woodstock, NB E7M 5C6 T: 506-325-4419 F: 506-325-4610

# Canadian Mental Health Association Offices

#### Fredericton

403 Regent St, Ste 202
Fredericton, NB E3B 3X6
T: 506-455-5231
F: 506-459-3878
info.cmhanb@rogers.com
nb.cmha.ca

#### Moncton - Satellite Office

22 Church St, Ste T240 Moncton, NB E1C 0P7 T: 506-859-8114 F: 506-859-9581 cmhamctn@nb.aibn.com nb.cmha.ca

### Saint John - Satellite Office

Ste 1500, City Hall Bldg Saint John, NB E2L 1E8 T: 506-633-1705 F: 506-633-2892 cmha@nb.aibn.com nb.cmha.ca

15 Market Square,











# **Psychiatric Units**

# Vitalite Health Network – Zone 6 Regional Hospital Centre

Psychiatric Unit 1750 Sunset Dr Bathurst, NB E2A 4L7 T: 506-544-3662

F: 506-544-2326

# Vitalite Health Network – Zone 5 Campbellton Regional Hospital

Psychiatric Unit 189 Lily Lake Rd Campbellton, NB E3N 3H4 T: 506-789-6882

F: 506-789-6882

# Vitalite Health Network – Zone 4 Edmundston Regional Hospital

Psychiatric Unit 275 Hebert Blvd Edmundston, NB E3V 3L2

T: 506-739-2524 F: 506-739-2234

### Horizon Health Network – Zone 3 Dr. E. Chalmers Hospital

Psychiatric Unit PO Box 9000, Priestman St Fredericton, NB E3B 5N5 T: 506-452-5213

F: 506-452-5847

# Horizon Health Network – Zone 7 Corporation Psychiatric Unit

500 Water St Miramichi, NB E1V 3G5 T: 506-623-3103 F: 506-623-6194

### Horizon Health Network – Zone 1 The Moncton Hospital

Psychiatric Unit 135 MacBeath Ave Moncton, NB E1C 6Z8 T: 506-857-5239 F: 506-857-5249

# Vitalite Health Network – Zone 1 Dr. G.L. Dumont Hospital

Psychiatric Unit 330 Archibald St Moncton, NB E1C 2Z3 T: 506-862-4175 F: 506-862-4048

# Provincial Child and Adolescent Psychiatric Unit (CAPU)

135 McBeath Ave Moncton, NB E1C 6Z7 T: 506-857-5574 F: 506-857-5751

# Horizon Health Network – Zone 2 Saint John Regional Hospital Psychiatric Unit

PO Box 2100, University Ave Saint John, NB E2L 4L2 T: 506-648-6467 F: 506-635-1614











# c) Public Health

#### **Public Health Clinics**

These agencies provide information and services that support healthy growth and development, foster healthy lifestyles, aid in the control of communicable diseases, and protect the public from health risks by providing information on topics such as safe food handling. Some programs include early childhood initiatives, addiction prevention, and community nutrition. For more information on the Department of Public Health, access their website here.

#### **Bathurst**

165 St Andrew St Bathurst, NB E2A 1C1 T: 506-547-2062 F: 506-547-7459

#### Blackville

2 Shaffer Ln Blackville, NB E9B 1P4 T: 506-843-2956 F: 506-843-2911

#### Boiestown

6154 Route 8, Unit 1 Boiestown, NB E6A 1M4 T: 506-453-5200 F: 506-369-2702

### Campbellton

6 Arran St, 1st Fl Campbellton, NB E3N 1K4 T: 506-789-2266

F: 506-789-2349

#### Caraquet

295 St-Pierre Blvd. W Caraquet, NB E1W 1A4 T: 506-726-2025 F: 506-726-2493

#### Chipman

9 Civic Crt, Unit 2 Chipman, NB E4A 2H8 T: 506-453-5200 F: 506-339-7181

#### **Dalhousie**

28 Victoria St Dalhousie, NB E8C 2R6 T: 506-789-2266 F: 506-789-2349

#### **Edmundston**

121 Church St, Unit 330 Edmundston, NB E3V 1J9 T: 506-735-2065 F: 506-735-3142

#### **Fredericton**

PO Box 500 300 St Mary's St, Rm 1200 Fredericton, NB E3B 5H1 T: 506-453-5200 F: 506-444-5108

#### **Grand Falls**

131 Pleasant St, 2nd Floor Grand Falls, NB E3Z 1G1 T: 506- 475-2441 F: 506-475-2443

#### **Grand Manan**

130 Route 776, Unit 4 Grand Manan, NB E5G 4K9 T: 506-662-7024 / 506-755-4022 F: 506-662-7028

### **Jacquet River**

41B Mack St Belledune, NB E8G 2R3 T: 506-789-2266 F: 506-789-2349

# Kedgwick

39 Notre-Dame St, Unit D Kedgwick, NB E8H 1H5 T: 506-284-3422 F: 506-284-3447

#### Miramichi

1780 Water St, Ste 300 Miramichi, NB E1N 1B6 T: 506-778-6102 F: 506-776-6611

#### Moncton

81 Albert St Moncton, NB E1C 1B3 T: 506-856-2401 F: 506-856-2623

### Neguac

1175 Principale St, Ste 60 Neguac, NB E9G 1T1 T: 506-776-3824 F: 506-776-3897











#### **Oromocto**

275A Restigouche Rd Oromocto, NB E2V 0A8 T: 506-453-5200

F: 506-357-4089

#### **Perth-Andover**

35 Tribe Rd Perth-Andover, NB E7H 2H1

T: 1-888-829-6444 F: 506-273-2118

#### **Plaster Rock**

120 Main St Plaster Rock, NB E7G 2E5 T: 1-888-829-6444 F: 506-356-6100

#### **Richibucto**

25 Cartier Blvd, Unit 153 Richibucto, NB E4W 5R5 T: 506-523-7607

F: 506-523-7766

#### Sackville

95 Queens Rd, Unit B Sackville, NB E4L 4H2 T: 506-364-4080 F: 506-364-4099

#### **Public Health Clinics**

#### Saint John

55 Union St Saint John, NB E2L 5B7 T: 506-658-2454 F: 506-658-3067

#### Shediac

342 Main St, Unit 160 Shediac, NB E4P 2E7 T: 506-533-3354 F: 506-533-3376

### Shippagan

239 J.D. Gauthier Blvd Shippagan, NB E8S 1N2 T: 506-336-3061 F: 506-336-3068

### St. George

5 Riverview Ave St George, NB E5C 3M1 T: 506-755-4022 F: 506-755-1807

### St. Stephen

41 King St St Stephen, NB E3L 2C1 T: 506-466-7504 / 1-888-476-3555 F: 506-466-7537

#### Sussex

30 Moffat Ave Sussex, NB E4E 1E8 T: 1-800-545-8008 / 506-432-2003 F: 506-432-4524

#### Tracadie-Sheila

Place Tracadie 3520 Principale St Tracadie-Sheila, NB E1C 1X9 T: 506-394-3888 F: 506-394-3858

#### Woodstock

200 King St, Room 145 Woodstock, NB E7M 5C6 T: 1-888-829-6444

F: 506-325-4724

#### **AIDS New Brunswick**

AIDS New Brunswick offers a wide variety of services aside from clinical testing including educational programs, support, treatment and a skills building program.

T: 1-888-561-4009 F: 1-888-501-6301 info@aidsnb.com www.aidsnb.com

#### **AIDS Saint John**

AIDS Saint John is a charitable organization that offers a variety of services including anonymous HIV testing, education sessions, treatment information, and a needle distribution program.

62 Waterloo St Saint John, NB E2L 3P3 T: 506-652-2437 F: 506-652-2438

info@aidssaintjohn.com www.aidssaintjohn.com/











# d) Food and Clothing

Several organizations provide donated goods for free or at a low price.

# i) Salvation Army Thrift Stores www.salvationarmy.ca/

#### **Bathurst**

112 Main St, Bathurst, NB E2A 1A4 T: 506-545-7773

#### **Dieppe**

1127 Champlain St, Dieppe, NB E1A 1P9 T: 506-877-1920

#### **Fredericton**

275 Main St Fredericton, NB E3A 1E1 T: 472-5458

### Miramichi

231 Pleasant St, Miramichi, NB E1V 1Y6 T: 506-622-6447

#### Moncton

1185 Mountain Rd, Moncton, NB E1C 7W8 T: 506-855-8443

#### **Moncton Elmwood**

300, prom. Elmwood Moncton, NB E1A 6V2 T: 506-859-8305

#### Sackville

26A Bridge St, Sackville, NB E4L 3N5 T: 506-536-2554

#### Saint John

87 Lansdowne Pl, Saint John, NB E2K 3A1 T: 506-632-8391

#### Sussex

9-138 Main St, Sussex, NB E4E 3E1 T: 506-433-2723

# ii) Value Village Thrift Stores www.valuevillage.com

#### **Fredericton**

371 Bishop Dr, Fredericton NB E3C 2M6 T: 506-455-7676

#### **Moncton**

15 Plaza Blvd, Moncton, NB E1C 0E8 T: 506-382-3003

#### Saint John

212 McAllister Dr, Saint John NB T: 506-696-5301











# iii) Food Banks

#### Atelier R.A.D.O.

325 St-François St

Edmundston, NB E3V 3L1

T: (506) 735-6313 F: (506) 735-5803 rado@nb.aibn.com

#### **Food Depot Alimentaire Inc**

330 MacNaughton Ave **Moncton**, NB E1H 2K1

#### **Hours of Operation:**

Mon to Fri 8:00AM - 4:00PM

T: 506-383-4281 F: 506-388-5822 Info@FoodDepot.ca

www.FoodDepotAlimentaire.ca

# Greener Villiage Community Food Centre (Fredericton Food Bank)

686 Riverside Dr

Fredericton, NB E3A 8C2

T: 506-459-7461 F: 506-450-9076

info@greenervillage.org

### **Open Hands Food Bank**

19 Mark St, **Moncton**, NB E1C 7H1

T: 506-382-3663 F: 506-383-9934

**Hours of Operation:** 

Mon to Fri 8:00AM - 4:00PM

#### S.P.O.T.

25 Maple St

Petitcodiac, NB E4Z 4M5

T: 506-756-8545

#### **Hours of Operation:**

Wed, Thurs 10:00AM - 11:45AM

#### **PEDVAC Foundation**

12 Church St

Port Elgin, NB E4M 2C9

T: 506-538-7638 F: 506-538-7638

### **Hours of Operation:**

Tues to Sat 9:00AM – 5:00PM

# **KCVA Food Bank**

9358 Main St, Unit 4 **Richibucto**, NB E4W 4C8

T: 506-523-7580 F: 506-523-6339

### **Hours of Operation:**

Tues to Thurs 11 AM – 4 PM *Closed first week of every month.* 

# **Kent County Volunteer Action Group**

3800 Rte 505, Richibouctou

**Village**, NB E4W 1R2 T: 506-523-9070

F: 506-523-9515

#### Click here to find a food bank/soup kitchen near you.

### **Shepody Food Bank Inc**

8 Forestdale Rd

Riverside-Albert, NB E4H 3Y7

T: 506-882-2323

# **Hours of Operation:**

Wed 1:00PM - 3:00PM

### **Albert County Food Bank**

50 Runneymeade Rd **Riverview**, NB E1B 3X9

T: 506-386-7824 F: 506-386-4165

### **Hours of Operation:**

Tues 1:00PM-4:00PM Wed 10:00AM – 1:00PM Closed first week of every month

# Comité de Bénévolat de Rogersville

11133 Principal St, #12 **Rogersville**, NB E4Y 2N4 T: 506-775-2783

# Sackville & District Assistance Centre Inc.

9-B Willow Ln

**Sackville**, NB E4L 4P4 T: 506-536-4164

Hours of Operation:

# Wed 9:30AM - 11:30AM

#### Salisbury Helping Hands Food Bank

12 Marx Farm Rd **Salisbury**, NB E4J 3G7

**Hours of Operation:** 

T: 506-372-9787

Tues, Wed & Thurs 10:00AM - 4:30PM

#### **Vestiaire St-Joseph**

60 Vestiaire St **Shediac**, NB E4P 2W5 T: 506-532-1147 F: 506-532-1145

Hours of operation:

Mon to Fri 9:00AM -11:30AM, 1:30PM-3:30PM

### **Sussex Sharing Club**

26 Everleigh St **Sussex**, NB E4E 2N8 T: 506-433-6047

# Hours of operation:

Tues, Wed & Sat 2 PM - 4 PM

### **West End Food Bank**

398 Salisbury Road **Moncton**, NB E1E 1B3 (Back Entrance, Uplands Baptist Church)











### iv) Volunteer Centres

These centres function by encouraging volunteerism, partnering with community organizations to create connections between volunteers and volunteer opportunities, as well as foster leadership in ways that increase community engagement. Several centres are non-profit organizations, while others are part of another community body, such as a United Way or Social Planning Council.

#### **Bathurst Volunteer Centre**

464 King Ave
Bathurst, NB E2A 1P6
T: 506-549-5955
F: 506-549-5866
www.bvc-cbb.ca/

Centre de Bénévolat de la Péninsule Acadienne Inc. 220, St-Pierre Blvd W, Suite 100 Caraquet, NB E1W 1A5 T: 506-727-1860 centbene@nbnet.nb.ca www.cbpa.ca

#### **Volunteer Greater Fredericton**

PO Box 30069,
Fredericton, NB E3B 0H8
T: 506-262-5060
coordinator@volunteerfredericton.ca
www.volunteerfredericton.ca

# Miramichi Volunteer Services Inc.

133 Newcastle Blvd Miramichi, NB E1V 2L9 T: 506-622-6565 mvsi@nb.aibn.com miramichivolunteer.com/

### Volunteer Centre of Southeastern New Brunswick

Community Peace Centre
22 Church St, Ste T290
Moncton, NB E1C 0P7
T: 506-869-6977
vcbed@nbnet.nb.ca
www.volunteergreatermoncton.com

# Saint John Volunteer Centre volunteersaintjohn@gmail.com www.volunteercentresj.com

Volunteer Centre of Charlotte County 199 Union St St. Stephen, NB E3L 2X2 T: 506-466-4995 vcc@nb.aibn.com

volunteer.ca/volunteer-centres











# e) Parental Support Resources

Services are available through these agencies for children and their parents, such as pre-school and after-school programs, support groups, as well as parenting programs and information. **Click here** for more information.

# i) Family Resource Centres

### Chaleur Resource Center for Parents Inc.

Bathurst Youth Center
P.O. Box 42, 895 St-Anne St
Bathurst, NB E2A 3Z1
T: 506-545-6608
F: 506-546-3238
bathurst@frc-crf.com

#### Restigouche Resource Centre for Parents

12 A Subway street, Campbellton, NB E3N 2W1 P: 506-753-4172 F: 506-753-0007 campbellton@frc-crf.com

# Care'N'Share Family Resource Center Inc.

341 Main Street Chipman, NB E4A 2M8 T: (506) 339-6726 F: (506) 339-6726 chipman@frc-crf.com

# Fredericton Regional Family Resource Centre

60 Veteran's Drive Fredericton, NB E3A 4C3 T: 506-474-0252 Fredericton@frc-crf.com

# Madawaska – Victoria Family Resource Centre Inc.

475 Terrace Street, Unit E Grand Falls, NB E3Z 1B3 T: 506-473-6351 Toll Free: 1-866-905-9900 grandfalls@frc-crf.com

## A Family Place Inc.

1204 Water St, Miramichi, NB E1N 1A2 T: 506-622-5103 F: 506- 622-6879 miramichi@frc-crf.com

# **Greater Moncton Family Resource Centre**

20-451 Paul Street, Suite 210 Dieppe, NB E1A 6W8 T: 506-384-7874 F: 506-869-9916 moncton@frc-crf.com

# Acadian Peninsula Family Resource Centre

220 St-Pierre Boul. West, Suite 100 Caraquet, NB E1W 1A5 T: 506-727-1860 F: 506- 727 1862 caraquet@frc-crf.com

# **Kent Family Resource Center**

The Anchor, 149 Acadie St, Unit 202 Richibucto, NB E4W 3V5 T: 506-524-9192 richibucto@frc-crf.com

# Family Resource Centre Saint John

211 Wentworth Street Saint John, NB E2L 2T4 T: 506-633-2182 F: 506-633-7417 saintjohn@frc-crf.com

# Family Resource Centre of Charlotte County

126 Milltown Blvd.
P.O. Box 352
St. Stephen, NB E3L 2X3
T: (506) 465-8181
F: (506) 465-8196
frcchar@nb.sympatico.ca

# Kings County Family Resource Centre Inc.

617 Main Street Sussex, NB E4E 7H5 T: (506) 433-2349 Toll Free: 1-800-573-8800 F: (506) 433-3463 sussex@frc-crf.com

### **Valley Family Resource Centre**

110 Richmond Street, Unit 1 Woodstock, NB E7M 2N9 T: 506-325-2299 F: 506-328-8896 woodstock@frc-crf.com











### Big Brothers and Big Sisters of Canada

Matches supportive youth volunteers with youth ages 6 - 16 from single parent families. The adults act as positive role models for the youth. All volunteers are screened by professional caseworkers and a committee of the board of directors.

Toll-free: 1-800-263-9133 www.bigbrothersbigsisters.ca

| <b>Fredericton</b> 506-458-8941 | <b>Miramichi</b><br>506-778-2444 |
|---------------------------------|----------------------------------|
| <b>Saint John</b> 506-635-1145  | <b>Moncton</b> 506-857-3047      |
| <b>Sussex</b> 506-433-5995      | <b>Woodstock</b><br>506-328-2094 |

#### **Born to Read**

Born to Read provides a free bag of children's books to every new mother who has given birth in a New Brunswick hospital. The books are accompanied with a letter for parents, outlining the importance of reading to their child. Information is also included on early childhood development.

40 Union St, St Stephen, NB E3L 1T5 T: 506-466-1479

downeys@nbnet.nb.ca

# Boys and Girls Clubs of Canada – Atlantic Region

Offers a safe, affordable place for children, pre-school age to adult, to go after school. Provides engaging activities that support the development of the mind and body. Check your local *Boys & Girls Club* to see what is available in your area.

54 Disher Ln, Dufferin, NB E3L 3H6

T: 506-466-4300 F: 506-466-4303 kidsclub@nb.aibn.com www.bgccc.ca/

# **Boys and Girls Clubs Service areas**

(please call the number above or look online for specific service locations):

**Charlotte County** 

Moncton

Fredericton

Riverview

Dieppe

Havelock

Miramichi

Petitcodiac

Salisbury

Grand Manan Island

Saint John

#### **Crossroads for Women**

Offers a children's program where a child support worker offers support services and play-based therapy.

PO Box 1247

Moncton, NB E1C 8P9

T: 506-853-0811 (Crisis Line)

T: 506-857-8028 F: 506-853-4159

www.crossroadsforwomen.ca











#### Early Intervention Program (Department of Education and Early Childhood Development)

Offers young parents support and parenting skills to help give their children a good start in life. Contact your local Public Health office or the number below for information about an *Early Intervention Program* near you:

#### **Anglophone North**

**Family and Early Childhood North** 

Jane Wood 1202 Water St Miramichi, NB E1N 1A2 T: 506-778-6532 F: 506-778-6519 janewoods@nb.ainb.com

#### **Anglophone East**

**Family and Early Childhood East** 

Fleurette Landry R260 – 22 Church Street Moncton, NB E1C 0P7 T: 506-853-0575 F: 506-857-3990 flandry@ecase.NB.ca

# **Anglophone South**

**Family and Early Childhood South** 

Carlena Keenan-Bourque
115 Charlotte St
Saint John, NB E2L 2L2
T: 506-643-2022
F: 506-643-2020
ckeenan-bourque@faceNB.ca

#### **Anglophone West**

**Family and Early Childhood West** 

Patricia Harding-Chase
7 – 261 Connell St
Woodstock, NB E7M 1L2
T: 506-325-4493
F: 506-325-4508
p.hardingchase@gmail.com

### **Family and Child Education**

Offers education and various supports, such as home visits to families whose parents are concerned about their children. Serves children 0-8 years old.

3376 Principale St Tracadie-Sheila, NB E1X 1A4 T: 506-394-3400

F: 506-394-3455

Jean-Guy.Levesque@gnb.ca

francophonen or dest.nbed.nb.ca

# Family Enrichment and Counselling Service

A Fredericton counselling service that offers a variety of programs on topics including how to raise rebellious teens, nurturing self-esteem, and a group for anxious children (ages 8-10).

356 Queen St Fredericton, NB E3B 1B2 T: 506-458-8211 / Toll-free in NB: 1-888-829-6777 info@familyenrichment.ca

www.familyenrichment.ca

### **Moncton Youth Impact**

Youth Impact is a large charitable organization that delivers residential and community outreach services for at-risk youth.

536 Mountain Rd Moncton, NB E1C 2N5 T: 506-869-6333 F: 506-869-6336 To fill out a contact form online, click here

www.youthimpact.org











# **Moving Forward**

Moving Forward is a community-based group program offered throughout the year that helps children, youth and their mothers heal from the hurt of living with woman abuse in their family. It is a free, voluntary program that offers separate, yet complimentary, group experiences for children and their mothers.

To participate in *Moving Forward* or find out more about this community group program, view this pamphlet online or call a community contact near you:

**Fredericton** 

**Liberty Lane Inc.** 506-458-8625

Woodstock

**Valley Outreach Services** 

506-328-9680

Saint John

Moving Forward 506-632-5616

506-649-2580

Miramichi

Miramichi Family Violence Partnership Committee

506-778-6496

Moncton

Family Services Moncton Inc. 506-857-3258

**Sussex and Area** 

Sussex Committee for the Prevention of Family Violence

506-433-4842

**Edmundston** 

Comité de la violence

familiale

du Nord-Ouest Inc.

506-263-1119 506-740-1121 e year that PRCM is committed to providing accurate information about pregnancy, fetal

information about pregnancy, fetal development, lifestyle issues, and abortion procedures, as well as risks. Free maternity clothes, baby clothes, and pregnancy tests, are also available.

27 John St

Moncton, NB E1C 2G7 T: 506-857-3033 (Helpline)

F: 506-861-1199

**Pregnancy Resource** 

**Centre of Moncton (PRCM)** 

cpchelp@rogers.com

www.pregnancysupport.ca

Campbellton

de la Péninsule

506-727-1866

Restigouche Family Services Inc. 506-753-4161

**Acadian Peninsula** 

Services à la Famille

#### **Sussex Pregnancy Care Centre**

Provides free and confidential services to those in pregnancy crisis situations.

36 Maple Ave, Unit 13 Sussex, NB E4E 2N5 T: 506-432-4006

If you have trouble contacting a group in your area, please call the Women's Equality Branch at 506-453-8126.











#### Victorian Order of Nurses (VON) www.von.ca

Offer a variety of programs for children and babies, including *Healthy Baby and Me*, a program to support youth who are expecting a baby or caring for an infant, and other infant parenting education. **Find a location near you:** 

#### **Bathurst**

216 Main St, Ste 301 Bathurst, NB E2A 1A8 T: 506-548-2448 F: 506-547-0196 vonbathurst@von.ca

#### **Campbellton**

T: 506-548 2448 F: 506-547 0196 vonbathurst@von.ca

#### **Edmundston**

55 Emmerson St, Sute 104 Edmundston, NB E3V 1R9 T: 506-739-6318 F: 506-739-8732 marjolaine.theriault@von.ca

#### **Fredericton**

435 Brookside Dr, Unit 8 Fredericton, NB E3A8V4 T: 506-458-8365 BB: 506-260-3599 F: 506-459-2899 Vicki.Thomas@von.ca

#### Miramichi

471 Ironmen Rd Miramichi, NB E1N 4A6 T: 506-778-9622 F: 506-778-9860 vonmir@nbnet.nb.ca

#### Moncton

1224 Mountain Rd, Unit 6 Moncton, NB E1C 2T6 T: 506-857-9115 F: 506-857-1101 christine.leblanc@von.ca

#### **Oromocto**

62 Miramichi Rd Oromocto, NB E2V 1S2 T: 506-357-8542 F: 506-446-9076 vonoro@nb.aibn.com

#### Sackville

8 Main St Sackville, NB E4L 4A3 T: 506-536-0750 F: 506-536-0751 shelley.connick@von.ca

#### Saint John

30 Plaza Ave, Unit 6B Saint John, NB E2M 0C3 T: 506-635-1530 F: 506-652-6367 Michelle.MacNeill@von.ca

#### Woodstock

261 Connell St, Unit 5 Woodstock, NB E7M 1L2 T: 506-328-8224 F: 506-328-9936 Annette.Dykeman@von.ca

# **Support to Single Parents Inc**

A non-profit organization that provides programs, resources and referral services in order to improve the quality of life for single parents and their families.

22 Church St, Suite T370
Moncton, NB E1C 0P7
T: 506-858-1303 Ext. 3301
F: 506-855-4116
To fill out a contact form online, click here
www.supporttosingleparents.ca











# Adult Literacy and Other Educational Services

If you would like to further your education or ability to read and write, there are resources that can help you acquire skills that are applicable to everyday life, and help you to achieve your goals.

# a) Literacy Programs

#### Community Adult Learning Program online here

Provides free literacy and GED preparation classes for adults (18+) and is accessible in 70 communities throughout NB in both official languages. Email *dpetlinfo@gnb.ca* or contact an adult learning consultant in your region:

#### County

| Albert         | 856-2241                        |
|----------------|---------------------------------|
| Carleton       | 325-4866                        |
| Charlotte      | 325-4866                        |
| Gloucester     | 789-2085 (Bilingual)            |
|                | 325-4866 (Francophone)          |
| Kent           | 856-2241 (Bilingual)            |
|                | 856-2073 (Francophone)          |
| Madawaska      | 735-2715                        |
| Northumberland | 778-5261 (Miramichi)            |
|                | 394-3910 (Péninsule acadienne)  |
| Restigouche    | 789-2085                        |
| Saint John     | 658-6701                        |
| Victoria       | 325-4866 (South of Grand Falls) |
|                | 735-2715 (North of Grand Falls) |
| Westmorland    | 856-2241                        |
| York           | 325-4866                        |

### **Frontier College**

Trains volunteers to work with children and adults in communities to improve literacy.

T: 506-450-7923 (toll free: 1-877-450-7923) jdesharnais@frontiercollege.ca/

#### **Fredericton**

fredericton@frontiercollege.ca

#### Moncton

udemoncton@collegefrontiere.ca

#### R.E.A.D. Saint John

Help with adult reading and math skills by matching learners with tutors.

133 MacLaren Blvd Saint John, NB E2K 3G3 T: 506-633-2011 F: 506-633-2011 readsj@nb.aibn.com











# b) Other Educational Services

#### **First Nations Education Initiative**

The First Nations Education Initiative works to improve achievement levels in literacy, numeracy and student retention of First Nation Students which meet or exceed their non First Nation peers through free programs province-wide.

2398 Route 102 Highway, Unit A2

Lincoln, NB E3B 7G1 T: 506-357-7230

F: 506-357-6082

fneii.ca/

### **Workplace Essential Skills**

Workplace Essential Skills (WES) training is aimed at helping adults who are employed or seeking employment and require additional essential skills to succeed. The training is based on the nine essential skills: Reading, Writing, Numeracy, Oral Communication, Document Use, Computer Use, Thinking Skills, Continuous Learning, Working with Others. Find a regional office near you or email dpetlinfo@gnb.ca for more information.

Edmundston 121 de l'Église St Edmundston, NB T: 506-735-2677 F: 506-735-2527

Hours of Operation: Mon to Fri 8:30AM - 5:00PM

Fredericton 300 Saint Mary's St Fredericton, NB T: 506-453-2377 F: 506-444-5189

Hours of Operation: Mon to Fri 8:15AM - 4:30PM

Miramichi 152 Pleasant St Miramichi, NB T: 506-627-4000 F: 506-624-5482

Hours of Operation: Mon to Fri 8:15AM - 4:30PM Moncton 200 Champlain St Dieppe, NB T: 506-869-6944 F: 506-869-6608 Hours of Operation:

Mon to Fri 8:15AM - 4:30PM

Péninsule acadienne 20E St-Pierre Blvd W Caraquet, NB T: 506-726-2639 F: 506-726-2728

Hours of Operation: Mon to Fri 8:15AM - 4:30PM

Restigouche/Chaleur 157 Water St Campbellton, NB T: 506-789-2411 F: 506-759-6696

Hours of Operation: Mon to Fri 8:15AM - 4:30PM **Saint John** 

PO Box 5001 Saint John, NB T: 506-643-7258 F: 506-643-7443

Hours of Operation: Mon to Fri 8:15AM - 4:30PM











# Resources for Diverse Populations

We have flagged several resources that are specifically targeted at special populations. If you are a senior or youth, LGBTQ, Aboriginal, or a Newcomer to Canada, some of the resources listed below might be helpful to you.

If you are interested in knowing about resources, such as counselling, for partners who abuse, click here.

# a) Resources for Seniors

# Adult Protection Program - Department of Social Development

The Department of Social Development offers support and services for seniors who are experiencing abuse and neglect.

To contact the *Adult Protection Program*, call the office nearest you toll-free:

| Acadian Peninsula<br>(Tracadie-Sheila)<br>1-866-441-4149 | <b>Miramichi</b><br>1-866-441-4246             |
|--|--|
| Chaleur (Bathurst)                                       | Moncton  |
| 1-866-441-4341   | 1-866-426-5191                                 |
| <b>Edmundston</b><br>1-866-441-4249                      | Restigouche<br>(Campbellton)<br>1-866-441-4245 |
| Fredericton  | <b>Saint John</b>                              |
| 1-866-444-8838   | 1-866-441-4340                                 |

# New Brunswick Senior Citizens' Federation

Devoted to the advancement of issues related to the wellbeing of all seniors aged 50 years and over in New Brunswick.

For more information call: Toll Free: 1-800-453-4333 Moncton: 506-857-8242 horizons@nbnet.nb.ca www.nbscf.ca

#### Office of the Public Trustee

The Office of the Public Trustee helps to protect the interests of the most vulnerable persons in New Brunswick, especially when family and friends are unable to help.

For more information call: Toll-free: 1-888-336-8383 www.legalaid.nb.ca

# Here are some helpful booklets: Justice Canada

• Elder Abuse is Wrong (2011) (PDF Version, 2.09 Mb)

This booklet is for older adults who may be suffering from abuse by someone they trust—it could be a partner or spouse, a family member, a caregiver, a service provider or another individual.

# Public Legal Education and Information Service of NB

 Are You Dating? Older Adults and Healthy Relationships

This publication addresses issues that may arise when older adults are dating. It offers tips on how to recognize and keep abuse out of the relationship.

#### • Legal Toolkit for Seniors

The Legal Toolkit for Seniors provides an overview of various legal tools that might help mentally competent seniors to plan for a safe and secure future.

#### Preventing Abuse and Neglect of Seniors

This publication answers questions about abuse and neglect of seniors. It may also help family, friends and caregivers who assist seniors.











# b) Resources for Teens and Youth

### **Big Brothers and Big Sisters of Canada**

Matches supportive youth volunteers with youth ages 6 - 16 from single parent families. The adults act as positive role models for the youth. All volunteers are screened by professional caseworkers and a committee of the board of directors.

Toll-free: 1-800-263-9133 www.bigbrothersbigsisters.ca

| Fredericton<br>506-458-8941    | <b>Miramichi</b><br>506-778-2444 |
|--------------------------------|----------------------------------|
| <b>Saint John</b> 506-635-1145 | <b>Moncton</b> 506-857-3047      |
| <b>Sussex</b> 506-433-5995     | <b>Woodstock</b> 506-328-2094    |

# **Chrysalis House – Youth in Transition**

Chrysalis House provides long-term shelter in Fredericton for young women ages 16 – 19 for as long as needed, up until the woman's 19th birthday when other accommodations are sought.

For more information call: T: 506-451-4767

yitfredericton.ca/

#### **Safe Harbour**

Safe Harbour provides emergency and transitional housing to homeless and at-risk youth ages 16-24 years.

50 Broad St Saint John, NB E2L 1Y5 For more information call: 506-631-9883 info@safeharboursj.ca www.safeharboursj.ca/

### **Portage Cassidy Lake**

A residential substance abuse rehabilitation centre for adolescents.

Portage Cassidy Lake
P.O. Box 339, Norton, NB E5T 1J7
506-839-1200
www.portage.ca/atlantic/index.html

### Here are some helpful booklets:

• Before Getting Married: Make Sure Your Home is Loving and Safe

Booklet explains the signs of family violence and suggests getting help to deal with it before getting married.

 No Means No: Understanding Consent to Sexual Activity

Booklet provides information on the age of consent to sexual activity and an overview of some of Canada's laws on sexual assault, and other offences involving sexual exploitation.

• Teens and Dating: Tips for keeping abuse out of your relationship

Learn the signs of an abusive relationship, and how to foster a healthy one.











# c) Resources for LGBTQ

### GayCanada – Canada's Online Gay, Lesbian, & Bisexual Community

The Canadian Gay, Lesbian & Bisexual Resource Directory is an organization dedicated to the collection, compilation and distribution of information important to or of relevance to the GLB communities across Canada. The site also contains a listing of counsellors, therapists, and other gay, lesbian and bisexual resources across Canada, by province.

www.gaycanada.com

#### **GLBTQ Domestic Violence Project**

GLBTQDVP assists and supports victims and survivors of domestic violence, focusing on GLBTQ communities, to bring about responsive public policy, and to increase access to culturally competent services. This is an American site so the toll free hotline is not accessible.

www.glbtqdvp.org

# d) Resources for Aboriginal Peoples

#### **Elsipogtog Crisis Centre**

349 Big Cove Rd Elsipogtog First Nation NB E4W 2S3

Phone: (506) 523-8260

### **Gignoo Transition House**

PO Box 3385 Stn B

Provides programs and services to women and children from First Nations communities. Gignoo programs and services are designed to stop violence and respond to crisis and include the following: peer counselling, budget and financial planning, healthy lifestyles program, traditional healing, resource contacts, parenting skills, victim services, anger management, and workshops on family violence.

Fredericton, NB E3A 5H2
T: 1-800-565-6878 (Crisis Line)
T: 506-458-1236
F: 506-459-2547
Send an email online at:
www.gignoohouse.ca/contact-us/
www.gignoohouse.ca

# The Healing Journey: Family Violence Prevention in Aboriginal Communities

This website includes a toolkit made up of various family violence resources in New Brunswick and across Canada which are specifically created for Aboriginal Communities. To access them, click here www.thehealingjourney.ca

#### Here are some helpful booklets:

#### Creating Healthy Personal Relationships

Information on family violence prevention and family law options if your relationship ends.

#### • Safety Planning for Aboriginal Women

This pamphlet will help you create a safety plan for leaving in an emergency.

#### • Someone's Hurting My Mom

A pamphlet to help young children plan to stay safe in a family crisis.

Teen Dating: Are You in a Healthy Relationship?

This pamphlet offers tips to help you stay safe while dating.











# e) Resources for Newcomers to Canada

# Citizenship and Immigration Canada: 1-888-242-2100

If you are a temporary resident in Canada (a visitor, worker or refugee claimant or the spouse of someone with temporary status) contact Citizenship and Immigration Canada to ask how your status in Canada may be affected by the status of your spouse or sponsor. You have the right to privacy when dealing with officials.

#### **New Brunswick Multicultural Council**

The New Brunswick Multicultural Council Inc (NBMC) is a bilingual, not-for-profit, umbrella, organization committed to supporting immigrant-serving agencies, and multicultural and ethno-cultural associations in the province.

T: 506-453-1091 nbmc@nb-mc.ca www.nb-mc.ca

Click **here** to locate the member multicultural associations throughout New Brunswick.











**Websites - Legal information** 

Public Legal Education and Information Service of New Brunswick

www.legal-info-legale.nb.ca

Family Law NB Website

www.familylawnb.ca

New Brunswick Legal Aid Services Commission

www.legalaid.nb.ca

Financial and Consumer Services Commission

www.fcnb.ca

**Websites – Victim Services** 

Victim Services - Department of Public Safety

www2.gnb.ca/content/gnb/en/ departments/public\_safety/safety\_ protection/content/victim services.html

Justice Canada - Police Centre for Victims

http://www.justice.gc.ca/eng/cj-jp/victims-victimes/

Canadian Resource Centre for Victims of Crime

http://crcvc.ca/en/

**Websites – Family Violence** 

**Love Shouldn't Hurt** 

www.gnb.ca/violence

Public Legal Education and Information Service of New Brunswick: Abuse and violence publications

http://www.legal-info-legale.nb.ca/en/abuse and violence

The Healing Journey: Family Violence Prevention in Aboriginal Communities www.thehealingjourney.ca

Family Violence: It's Your Business www.toolkitnb.ca

Women's Equality Branch – Violence prevention and community partnerships

http://www2.gnb.ca/content/gnb/ en/departments/women/Violence\_ Prevention\_and\_Community\_ Partnerships.html











#### **Justice Canada – Family Violence**

http://www.justice.gc.ca/eng/cj-jp/fv-vf/

# Public Health Agency of Canada – Stop Family Violence

http://www.phac-aspc.gc.ca/sfv-avf/index-eng.php

# National Aboriginal Circle Against Family Violence

www.nacafv.ca

# A Selection of NB Resources on Domestic Violence

- Information for Abused Women Survival Strategies
- Information for Abused Women Dealing with the Police
- Peace Bonds and Restraining Orders
- Victims of Family Violence Testifying in Criminal Court

# Safer Families... Safer Communities – Publications

- You can recognize the warning signs that someone is being abused
- You can help prevent and respond to abuse in your community
- You can help prevent firearms deaths and injuries
- You can know how the law helps people living with abuse or violence in their lives
- You can help protect the safety of people and animals
- Women Victims of Abuse Protocols
- Department of Justice Canada family violence publications
- Abuse is Wrong (2009) (PDF Version, 521 Kb)
- Child Abuse is Wrong: What Can I Do? (2012) (PDF Version, 2.66 Mb)

- Abuse is Wrong in any Language (2011) (PDF Version, 2.06 Mb)
- Elder Abuse is Wrong (2011) (PDF Version, 2.09 Mb)
- Abuse Is Wrong In Any Culture: Inuit (2011) (PDF Version, 1.93 Mb)
- What's Wrong with Spanking -Positive Parenting Tip Sheet
- Stalking is a Crime Called Criminal Harassment (2003) (PDF Version, 338 Kb)

The Department of Justice offers a number of other publications on family violence available on the Publications section of our website.

• How to plan for your safety







