

## COMMON REFERRALS (Call 211 for Additional Resources)

v. 07/10/25

CRISIS SITUATIONS

<b>Police / Fire / Ambulance</b>	<b>911</b>
<b>Forensic Nurse Examiner Program</b> (Dr. Everett Chalmers Hospital, ask for ER)	<b>506-452-5200</b>
<b>Women In Transition House</b> (shelter & crisis/support line)	<b>506-459-2300</b>
<b>Gignoo Transition House</b> (shelter & crisis/support line, live chat @gignoohouse.ca)	<b>1-800-565-6878</b>
<b>Suicide / Mental Health / Addictions Helpline</b> (text option)	<b>988</b>
<b>Sexual Violence Support Line</b> (5 pm-8 am, text option + live chat @svnb.ca)	<b>506-454-0437</b>
<b>Child/Adult Protection</b> (Department of Social Development)	<b>1-833-733-7835</b> (After Hours) <b>1-800-442-9799</b>

SHELTERS / HOUSING

<b>Women In Transition House</b>	<b>506-459-2300</b>
<b>Gignoo Transition House</b> (Primarily Indigenous Women & Children)	<b>1-800-565-6878</b>
<b>Grace House</b> (Women's Homeless Shelter)	<b>506-450-3001</b>
<b>The Oak Centre</b> (Supportive Housing)	<b>506-206-0667</b>
<b>Youth In Transition</b> (Youth Aged 16-19)	<b>506-451-4767</b>
<b>First Steps</b> (Homeless Pregnant & Parenting Youth – Saint John, NB)	<b>506-693-2229</b>
<b>Safe For Pets Too</b> (For intakes, contact a transition house or Liberty Lane.)	<b>safeformetoo@gmail.com</b>
<b>Liberty Lane Second Stage Housing</b>	<b>506-451-2120</b>
<b>Skigin-Elnoog</b> (Indigenous Non-Profit Housing)	<b>506-459-7161</b>
<b>NB Housing</b> (Department of Social Development)	<b>1-833-733-7835</b>
<b>Fredericton Non-Profit Housing</b>	<b>506-452-8175</b>
<b>Fredericton Housing First Services</b>	<b>506-450-2750</b>

FINANCIAL SUPPORT

<b>Income Assistance</b> (Department of Social Development)	<b>1-833-733-7835</b>
<b>Department of Post-Secondary Education Training &amp; Labour</b> (PETL)	<b>506-453-2377</b>
<b>Greener Village / Fredericton Food Bank</b>	<b>506-459-7461</b>
<b>Credit Counselling Services of Atlantic Canada</b>	<b>1-888-753-2227</b>

EMOTIONAL SUPPORT / COUNSELLING

<b>Liberty Lane Outreach</b>	<b>506-458-9774</b>
<b>Addictions &amp; Mental Health Services</b>	<b>506-453-2132</b>
<b>Family Enrichment &amp; Counselling Service</b>	<b>506-458-8211</b>
<b>Just Us Affordable Counselling</b>	<b>506 651-1239</b>
<b>Sexual Violence New Brunswick</b>	<b>506-454-0460</b>
<b>University of New Brunswick Counselling Services</b>	<b>506-453-4820</b>
<b>Military Family Resource Centre</b>	<b>506-422-3352</b>
<b>Victim/Witness Program</b> (Fredericton City Police)	<b>506-292-4621</b>
<b>Victim Services</b> (Department of Public Safety)	<b>506-453-2768</b>
<b>Forensic Nurse Examiner Program</b> (Dr. Everett Chalmers Hospital, ask for ER)	<b>506-452-5200</b>
<b>iHEAL app</b> (web & mobile versions available)	<b>www.ihealapp.ca</b>

LEGAL RESOURCES

<b>RCMP</b>	<b>1-888-506-7267</b>
<b>Fredericton Police Force</b>	<b>506-460-2300</b>
<ul style="list-style-type: none"> <li>• <b>D/IPV Coordinator</b></li> <li>• <b>Victim/Witness Program</b></li> </ul>	<b>506-292-2341</b> <b>506-292-4621</b>
<b>Victim Services</b> (Department of Public Safety)	<b>506-453-2768</b>
<b>Public Legal Education &amp; Information Service</b> (PLEIS)	<b>506-453-5369</b>
<ul style="list-style-type: none"> <li>• <b>Legal &amp; Family Law Information Line</b></li> </ul>	<b>1-888-236-2444</b>
<b>Family Advice Lawyer</b> (2 hr free legal consultation)	<b>1-855-266-0266</b>
<b>Legal Aid</b>	<b>506-444-2777</b>
<b>Free Legal Advice Clinic</b>	<b>506-476-0024</b>
<b>Forensic Nurse Examiner Program</b> (Dr. Everett Chalmers Hospital, ask for ER)	<b>506-452-5200</b>