

# Children's Program



**Safety ~ Trustworthiness ~ Collaboration ~ Empowerment ~ Resilience**

The Children's Program at Liberty Lane is designed to PROVIDE A SAFE, POSITIVE AND HEALTHY ENVIRONMENT for children to socialize, have fun, experiment new things, learn, explore, PRACTICE THEIR SKILLS AND EXPLOIT THEIR FULL POTENTIAL in addition to HELPING PARENTS AND PROVIDE GUIDANCE according to their needs.

The specific goals are to:

- Offer diverse activities fitting the developmental age of every child for them to explore new interests and practice varied skills.
- Provide opportunities for children to practice and develop coping strategies, self-esteem, self-control, problem-solving skills, emotional recognition, communication, executive functions, assertiveness, autonomy, empathy, etc.
- Ensure that children can create new positive relationships and connections to positive adult role-models and to the community by spending quality time with them.
- Enhance and maintain a healthy and positive family dynamic so that every member feels secure and loved and so that the parent feels comfortable and confident in her role.

Emotional  
regulation

Social skills

Resiliency

General  
well-being